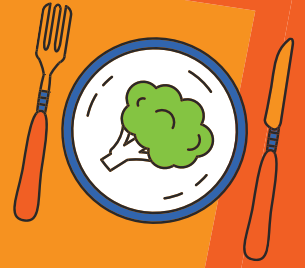




# OUTCOMES IN A NUTSHELL



**WE HAVE EDUCATED OVER 20,000 PEOPLE ON HEALTHY LIFESTYLES SO THEY CAN PREVENT, REVERSE OR STOP PROGRESSION OF DISEASE. FAMILIES HAVE LOST OVER 100,000 POUNDS IN THE PROCESS.**

Kids travel to us from all **50 states** and **24 OTHER COUNTRIES!** Historically they **LOSE 7–10%** of their body weight **WITHIN FOUR WEEKS** at camp.

We have **REVERSED PRE-DIABETES** and **TYPE 2 DIABETES** in **937** kids during camp! Parents who were “brittle diabetics” stabilized and others reversed their disease.

We’ve seen **FATTY LIVER DISEASE REVERSED** — one child was removed from the liver transplant list because he no longer needed a new liver!

We’ve seen **PCOS** and **ENDOMETRIOSIS REVERSED** in young girls! Many girls told they would never have children — now, as adults, have children of their own!

We’ve seen **HIGH BLOOD PRESSURE REVERSED** and every child’s blood pressure improves at camp!

We **RE-TRAIN BOWEL AND BLADDER CONTROL** in kids and many return to school and are no longer bullied.

We’ve seen **SLEEP APNEA REVERSED** and have had numerous kids taken off CPAP machines.

**ASTHMA SYMPTOMS LESSEN** and many kids are taken off medication, but this may be due to misdiagnosis prior to camp.

We’ve seen **DYSLIPIDEMIA REVERSED** along with heart disease!

We’ve seen **PSEUDOTUMOR CEREBRI REVERSED** which prevented one girl from going blind!

We’ve seen improvement in **MUSCULAR AND SKELETAL DISORDERS** decreasing pain for kids and **IMPROVING MOVEMENT PATTERNS**. Some kids find they **ARE** athletic.

We introduce **DIALECTICAL BEHAVIORAL THERAPY** and **COGNITIVE BEHAVIORAL THERAPY** to struggling kids. We teach kids how to **MAKE AND KEEP FRIENDS**.

We **EMPOWER ALL KIDS** so they are no longer victims to bullies!

The **RIPPLE EFFECT** — A camper educated and inspired her bedridden grandfather. He lost over 100 pounds so he could have hip replacement surgery. He is no longer bedridden!

We **TEACH COPING SKILLS** so kids can manage stress without resorting to self-harm.

We **TEACH LIFE SKILLS** so those struggling with special needs can increase their independence.

We **INSPIRE KIDS’ SENSE OF PURPOSE**. One boy states he found his soul at camp!

We have kids coming to camp who are failing in school and the next year they are on **HONOR ROLL** with improved self-esteem and determination.

We and the children **INSPIRE PARENTS TO GET IN SHAPE** — parents are now completing marathons and triathlons.

Our **HEALTHIER DIET** and **INCREASED ACTIVITIES HELP DECREASE ANXIETY AND DEPRESSION** and kids may be taken off medications once they go home. Many campers who thought that they could not attend college due to anxiety are able to go away to school and find success.

On a **LIFE HAPPINESS SURVEY**, all kids **GAINED SELF-CONFIDENCE** and are **HAPPIER** with a greater sense of **SELF-WORTH** after their success at camp.

We do what all other camps do: teach bike riding, team building, make lasting friendships, gain independence but **WE TEACH HEALTHY LIFESTYLE HABITS**. Kids learn it, live it and then do it at home. What do we do best? We give kids and families **HOPE** that they can find health and happiness again from the new information and habits developed through camp training. We **INSPIRE** them to share their success with others which creates a ripple effect.

This is how we change the world — **ONE CHILD**, one family, one neighborhood, one city, one state, **ONE NATION** and yes, **WE ARE CHANGING THE WORLD!**